

# Advanced Course NDT Bobath 2022

## Theme: Hypotonia

**Language: English; translation in German and French guaranteed**

Affoltern am Albis, Switzerland

6<sup>th</sup> – 8<sup>th</sup> Mai 2022, 17<sup>th</sup> – 18<sup>th</sup> June 2022

### Course goals

- Observing and analyse children of different ages (babies, pre-school, school) with a predominant hypotonia component. Differentiation between hyperlaxity, and hypotonia/hypoactivity
- Discussing current practices in the assessment of hypotonia in children
- Detecting early signs and differentiating benign hypotonia, hypotonias present in undiagnosed developmental disorders, in genetic syndromes, in cerebral palsy (basic tone)
- Analyse strategies and determine future consequences, (forward-looking view)
- Identifying (among others) respiratory, oral disorders, orthopaedic consequences, etc.
- Develop the individualized care of each child presented at the course according to their interests, skills, needs and family priorities.
- Experiment with the most appropriate therapeutic techniques for the child and adapt them to the context.
- Think about how to integrate other therapeutic tools depending on the needs of the child/ family
- To work out SMART Goals according to parents and child needs and desire. To assess results with simplified Goal attainment Scale

### Target audience / conditions for participation

For NDT Bobath therapists (Physiotherapists (PT), Occupational therapists (OT) and Speech therapists (ST) looking for a **deeper understanding about hypotonia** and refreshing their practical skills and therapeutic assessment.

**Pre-requisite:** Having succeeded a Bobath basic course or a refresher course in the last 5 years.

### Description

- The course includes daily clinical practice sessions with children, lecture with video analysis and discussions.
- Looking for a course as close as possible to each personal clinical practise, participants can profit to book one of their own patients (Cerebral palsy or other neurological condition. Whenever we would need to complete the number of children, the Kinder-Reha Schweiz in Affoltern a. Albis will be recruiting children for the course.
- The therapist, who proposed to invite a child, needs to announce it and get in contact with the team tutor for organization.



SAKENT/ASEND

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- We will illustrate transdisciplinary work through cases studies.
- **Task – before beginning of the course:** All participants are asked to send a video (max. 10 minutes) of one of their patients (it is not necessary to invite this child to the course) with a reflective summary and questions concerning what is showed in the video (written summary in English, French or German of maximum 1 page). Due Date: Wednesday 6<sup>th</sup> April 2022
- **Task – after the first part of the course:** A second video (max. 10 minutes) of the same patient has to be sent to the tutor team until Friday 10<sup>th</sup> June 2022. This task supports you in your self-reflection concerning the treatment of the same child. Did anything change concerning: observation, analysing and/or treatment of the child compare to the first video? (Written reflection in English, French or German of maximal 1 page)

→ **To be eligible for a Certificate all homework assignments need to be successfully completed.**

- **During the course:**

- Part of some videos from participants could be used as case studies examples.
- Bibliography and articles will be recommended according to the questioning.
- Workload: 37.5 hours of attendance during the course and 15 hours of personal work (homework).
- The course includes daily clinical practice sessions with children, lecture with video analysis and discussions.

## Tutors

- Leonor Antoniotti, NDT Bobath Senior Tutor and course leader (PT)
- Sagrario Del Castillo, NDT Bobath Senior Tutor (ST)
- Seraina Kühne, NDT Bobath therapist traineeship (OT)
- Dominique Scherrer, NDT Bobath therapist traineeship (PT)
- Kirsten Ursem, NDT Bobath therapist traineeship (PT)
- Ingrid Virnot, NDT Bobath Tutor (PT)

## Language

An average understanding of English is necessary.

Translation can be received at any time when needed by part of our team and the power points could be translated in German and French. Practical's communication with children will mainly be in German.

## Certificate

Certificate of the European Bobath Tutors Association (EBTA).

## Dates

### Session n°1

Friday, 6<sup>th</sup> Mai 2022

Saturday, 7<sup>th</sup> Mai 2022

Sunday, 8<sup>th</sup> Mai 2022

### Session n°2

Friday, 17<sup>th</sup> June 2022

Saturday, 18<sup>th</sup> June 2022



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## Location

Heilpädagogische und Logopädische Therapiestelle, Breitenstrasse 20, 8910 Affoltern am Albis, Switzerland. [Directions](#). Parking options: [Parkplatz Kronenplatz](#)

## Price

CHF 1'250.- for SAKENT-ASEND-members (personal or institution).  
CHF 1'400.- for others.

## Number of participants

Maximum 16 therapists due to the COVID-19 pandemic.

## Registration

Registration until **4<sup>th</sup> March 2022** (registration form).

## Cancellation

Any cancellation must be announced in written form (by post or email).

The following compensation will be received in the event of cancellation:

Up to 1 month before the start of the course fee for the treatment CHF 100.-.

Up to 1 week before the start of the course 50 % of the course fee.

1 week before or during the course 100 % of the course fee.

In the event of illness or accident, the SAKENT-ASEND committee decides.

## Various

Please bring your own picnic. Only tea and coffee are available.



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