

Refresher Course NDT Bobath 2020 (English)

Affoltern am Albis, Switzerland

7th – 9th February 2020, 6th – 7th March 2020

(Translation in German and French possible)

Course goals

- To improve therapists observing and analyzing skills of children' movement strategies during activity.
- To improve therapists handling skills when assessing and treating children with cerebral palsy and other neurological disorders.
- To assess child potential and determinate the amount of help concerning environment or hands techniques related to participation in daily life.
- To work out SMART Goals according to parents and child needs and desire. To assess results with simplified Goal attainment Scale.

Target audience / conditions for participation

NDT Bobath therapists (Physiotherapists (PT), Occupational therapists (OT) and Speech therapists (ST)) who have completed the NDT Bobath basic course (children/youth).

It is highly recommended to have own patients during and after the course in order to practice the newly developed skills.

Description

- The course includes daily clinical practice sessions with children, lecture with video analysis and discussions.
- Looking for a course as close as possible to each personal clinical practice, participants can profit to book one of their own patients (cerebral palsy or other neurological condition). Whenever we would need to complete the number of children, the Rehabilitation Centre in Affoltern am Albis will be recruiting children for the course.
- The therapist, who proposed to invite a child, needs to announce it and get in contact with the team tutor for organization.
- We will illustrate transdisciplinary work through case studies.
- **Before the course:** All participants are asked to send a video (max. 10 minutes) of one of their patients (it is not necessary to invite this child to the course) with a reflective summary and questions concerning what is showed in the video (written summary in English, French or German of maximum 1 page). Due date: Monday, 20th January 2020.
- **After the first part of the course:** A second video (max. 10 minutes) of the same patient has to be sent to the course responsible until Friday, 28th February 2020. This task supports you in your self-reflection concerning the treatment of the same child. Did anything change concerning: observation, analyzing and / or treatment of the child compare to the first video? (written reflection in English, French or German of maximal 1 page).



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Description (continuation)

- **During the course:** Part of some videos could be used as case studies examples. All subjects presented in participants homework's will be included in the program and will be given a short personal written feedback (max. ½ page).
- Bibliography and articles will be recommended according to the questioning.
- Workload: 37.5 hours of attendance during the course and 15 hours of personal work (homework).

Tutors

- Leonor Antonietti, NDT Bobath Senior Tutor and course responsible, PT
- Rossana Calderari, NDT Bobath Tutor, OT
- Eveline Rast, NDT Bobath Tutor, ST
- Dominique Scherrer, NDT Bobath therapist traineeship supervisor, PT
- Kirsten Ursem, NDT Bobath therapist traineeship supervisor, PT
- Ingrid Virnot, NDT Bobath therapist traineeship supervisor, PT

Language

An average understanding of English is necessary.

Translation can be received at any time when needed by part of our team and the power points could be translated in German and French. Practical's communication with children will mainly be in German.

Certificate

Certificate of the European Bobath Tutors Association (EBTA).

Dates

Session n°1

Friday, 7th February 2020
Saturday, 8th February 2020
Sunday, 9th February 2020

Session n°2

Friday, 6th March 2020
Saturday, 7th March 2020

Location

Rehabilitation centre, Affoltern am Albis/Switzerland, Mühlebergstrasse 104, [Directions](#)

Price

CHF 1'250.- for SAKENT-ASEND-members (personal or institution).
CHF 1'400.- for others.



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Number of participants

Maximum 24 therapists.

Registration

Registration until 16th December 2019 (registration form).

Cancellation

Any cancellation must be announced in written form (by post or email).

The following compensation will be received in the event of cancellation:

Up to 1 month before the start of the course fee for the treatment CHF 100.-.

Up to 1 week before the start of the course 50 % of the course fee.

1 week before or during the course 100 % of the course fee.

In the event of illness or accident, the SAKENT-ASEND committee decides.

Various

Possibility to bring your picnic to the institution or pre-order at the restaurant.



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